



# FOAA

## Interventional Pain Management Center

### Inova Health System Multi-Disciplinary Advantage

Patients treated at the FOAA Interventional Pain Management Centers receive care within the multi-disciplinary Inova Health System. When indicated, pain management services may include referrals to other adjunctive therapies offered by physician specialists affiliated with the Inova Hospitals. FOAA Interventional Pain Management services are provided at Inova Fair Oaks, Inova Alexandria, and Inova Mount Vernon Hospitals affording **convenient**, **accessible**, and **readily available** treatment.

#### Appointments Scheduled Promptly

To Schedule an Appointment

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#### Inova Fair Oaks Hospital

Phone: 703-766-PAIN

Fax: 703-391-3006

#### Inova Mount Vernon Hospital

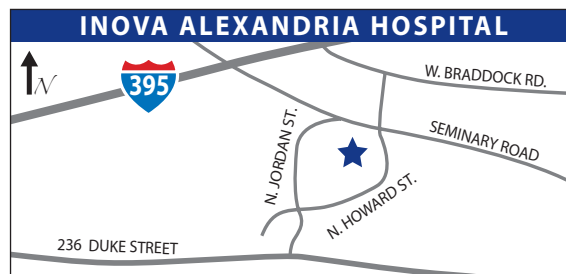
Phone: 703-664-7048

#### Inova Alexandria Hospital

Phone: 703-504-3760

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Pain treatment procedures may vary by location



FOAA Interventional Pain Management Center is the exclusive provider of pain management services at Inova Fair Oaks, Inova Mount Vernon and Inova Alexandria Hospitals. Pain medicine services available at all three locations by appointment.



**703-766-PAIN**

To Schedule an Appointment

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**Inova Fair Oaks Hospital**

**Inova Mount Vernon Hospital**

**Inova Alexandria Hospital**

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# WELCOME TO FOAA Interventional Pain Management Center



## The focus of the Interventional Pain Management Program is a minimally invasive approach with patient-centered objectives to:

- Optimize pain control.
- Design an individualized treatment program.
- Maximize functional abilities, and physical and psychological well being.
- Reduce the need for narcotic medications.
- Promote patient education & counseling.

## The physicians, Board Certified in Pain Medicine, specialize in:

### Expert Diagnostic Assessment:

1. Patient consultation and evaluation.
2. Diagnostic imaging review.
3. State-of-the-art diagnostic techniques utilizing fluoroscopic and radiofrequency technology.

### Advanced Interventional Therapeutic Pain Treatments

### The Inova Health System Advantage

## Lasting Relief from Chronic Pain

Chronic Back & Neck Pain  
Occipital Headaches  
Myofascial Pain Syndrome  
Diabetic Neuropathy  
Bursitic Conditions  
Cancer Pain  
Painful Joints & Extremities  
Post Laminectomy Pain Syndrome

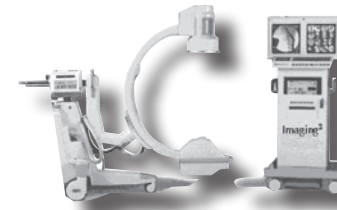
## Treatment of Common Medical Conditions

Neck & Whiplash Injuries  
Persistent Pain after Back Surgery  
Complex Regional Pain Syndrome  
Phantom Limb Pain  
Other Post-Surgical Pain  
Acute Spinal Injuries  
Facet Joint Syndrome  
Sciatica  
Scoliosis  
Spinal Stenosis  
Spondylosis  
Osteoporosis  
Herniated Discs  
Compression Fracture  
Joint & Extremity Injuries  
Spondylolisthesis  
Piriformis Pain Syndrome



## State-of-the-Art Diagnostics & Precision Treatment Techniques

Advancements in diagnostic techniques used by our physicians result in the accurate identification of the **pain source** leading to a customized treatment plan for pain relief.



Digital fluoroscopic x-ray technology is used to view and analyze real-time, high definition images of spine joints, & other bony structures.

## Minimally Invasive Treatment Options

Epidural Steroid Injections  
Lysis of Epidural Adhesions  
Epidural Blood Patches  
Facet Injections/Medial Branch Blocks  
Sacroiliac Joint Injections  
Sympathetic Blocks:  
Stellate Ganglion Block  
Celiac Plexus Block  
Lumbar Block  
Hypogastric Plexus Block  
Ganglion Impar Block  
Radiofrequency Neurotomy  
Spinal Cord Stimulator Trials and/ or Permanent Implants  
Intrathecal Pump Trials and/or Permanent Implants  
Piriformis Muscle Injections  
Trigger Point Injections  
Trochanteric Bursa Injections  
Joint Injections  
Lumbar Epidural Local Anesthetic Block-Catheter Placement

